



Exchange of Experiences in Long-Term Care

ELTECA 2012 course in Prague 30-31th March

in collaboration with CELLO-ILC-CZ and IPHCE (IPVZ)

(Charles University in Prague, Faculty of Humanities, Centre of Expertise in Longevity and Long-term Care, member of ILCs Global Alliance and Institute of Postgraduate Health Care Education in Prague, Department of integrated and long-term care)

Interprofessional Collaboration in Long-term Care. Management of Dementia.

12 credits of EACCME UEMS

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Event venue: Hotel Grand Majestic Plaza, Truhlářská 16, 110 00 Praha 1
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Time schedule:

29th March – Thursday – arrival of participants, short meeting of speakers in the evening

30th March- Friday- Interprofessional Collaboration and Communication

31st March- Saturday - Dementia

1st April – Sunday – departure of participants

Day schedule:

I: 9:00- 12:00

12:00- 13:00 invited lunch buffet

II. 13:00- 15:30

15:30-16:00 coffee break

III. 16:00- 18:30

evening: get-together with dinner

Programme:

Friday 30th March

8:30 get-together, coffee

9:00- 12:00 chairs and lecturers: Jiří Novotný, Iva Holmerová, John Morley, Raymond Koopmans, Dan Swagerty, Debbie Tolson,

Goals of ELTECA and the first course on long-term care (Jiří Novotný, Zentiva, Iva Holmerová, CELLO and IPHCE, Czech Republic)

An overview of Long Term Care and its importance (John Morley, USA)

Elderly Care Medicine: the Dutch answer to growing health care demands of frail elderly (Raymond Koopmans, Netherlands)

Palliative Care and Hospice in the Nursing Home : Opportunities and Challenges (Dan Swagerty, USA)

IAGG Global Development Agenda for Improving Nursing Home Practice with particular focus on interdisciplinary approaches to personalising care and achieving restraint free environments (Debbie Tolson, UK)

13:00- 15:30 chairs and lecturers: Deborah Sturdy, Brigita Skela Savič, Agnes Egervári, Olga Švestková, Sigurd Sparr, Iva Holmerová, Cecilia Rokusek

The role of nurse specialist in LTC (Deborah Sturdy, UK)

Leadership in long-term care development (Brigita Skela Savič, Slovenia)

Interprofessional team in the nursing home (Agnes Evervári, Hungary)

Rehabilitation and its role in long-term care (Olga Švestková, Czech Rep)

Geriatric medicine and long-term care (Sigurd Sparr, Norway)

Main communication barriers in the LTC, how we can tackle them, preliminary findings of the LTC research project (Dana Hradcová, Iva Holmerová, Czech Rep)

Where and how we can work together? Cecilia Rokusek (USA)

Facilitated discussion (Dana Hradcová and all lecturers):

Interprofessional team – whether, where and when – if it exists. What are our most important recommendations and principles. What should we recommend?

16:00- 18:30 chairs and lecturers: Marzena Dubiel, Ladislav Kabelka, Brigitte Hermann, Zdenek Bystricky,

Geriatric patient and evaluation of the functional status (Marzena Dubiel, Poland)

Geriatric failure to thrive - how we can assess? What is the role of a multidisciplinary palliative care? (Ladislav Kabelka, Czech Rep)

Functional evaluation of long-term care patients in Austria – the role of the interprofessional team (Brigitte Hermann, Austria)

Pain and symptom management palliative and in long-term care (Zdenek Bystricky. Czech Rep, Austria)

Discussion

Evening: dinner in the town, meeting Mrs. Dana Fischerová, the wife of the former Prime Minister and president candidate Mr. Jan Fischer

31st March

9:00- 12:00: chairs and lecturers: Iva Holmerová, Robert Rusina, Martin Orrell, Rasa Ruseckiene, Esme Moniz Cook

Dementia, its impact, costs, prevention of dementia. Prevention of LTC for persons with dementia. The role of family caregivers. (Iva Holmerová, Czech Republic).

Alzheimer's Disease and other causes of dementia (Robert Rusina, Czech Republic)

Needs assessment in dementia (Martin Orrell, UK)

Psychiatric services and long-term care (Rasa Ruseckiene, Lithuania)

Psychosocial interventions as a EBM in care (Esme Moniz-Cook, UK)

13:00- 15:30 chairs and lecturers: Myrra Vernooij-Dassen, Esme Moniz-Cook, Martin Orrell, Hana Vaňková

Psychosocial interventions in dementia and reciprocity (Myrra Vernooij-Dassen, Netherlands)

Personalising psychosocial interventions to individual needs and context (Esme Moniz-Cook, UK)

Cognitive stimulation (Martin Orrell, UK)

Pain as a frequent and under-diagnosed problem in care of patients with dementia (our experience from the GOS project) (Hana Vaňková, Czech Republic)

16:00- 18:00 Facilitated discussion (Dana Hradcová and all lecturers):

What should we recommend for dementia care in LTC facilities and in the LTC in communities, good practice recommendations, main principles

18:00-18:30 Closing of the course. Conclusions. (Jiří Novotný, Iva Holmerová)

INVITED SPEAKERS:

Zdenek Bystricky, MD, (CZ / Austria), LK Weinviertel Mistelbach, Dept. of Anaesthesia, Intensive Care and Pain Management, Palliative Care Team

Marzena Dubiel, MD, Ph.D. (Poland), geriatrician, lecturer at Postgraduate Medical School, Jagiellonian University, Krakow

Agnes Egervári MD, Ph.D. (Hungary), neurologist, medical director

Prim. Dr **Brigitte Hermann** (Austria), head of department of Medical Geriatrics, Albert Schweitzer Clinic

Iva Holmerová, MD, PhD, Ass Prof (Czech Republic), director and consultant physician, Centre of Gerontology

Mgr. **Dana Hradcová** (Czech Republic), coordinator of the GOS project (Gerontological and Organisational Supervision in LTC institutions), UK FHS CELLO-ILC-CZ,

Ladislav Kabelka, MD, Ph.D. (Czech Republic), Head Physician, St. Joseph´s Hospice and Pain Centre Rajhrad, president Czech Society for Palliative Medicine, Czech Medical Association of JEP

Prof. Dr. **John Morley** (USA), Dammert Professor of Gerontology, director of Geriatrics and Endocrinology, St Louis University Medical School, St Louis USA

Prof. dr. **Raymond TCM. Koopmans** (Netherlands), Professor in Elderly Care Medicine, especially long-term care. Department of Primary and Community Care. Centre for Family Medicine, Geriatric Care and Public Health. Radboud University Nijmegen, Medical Centre (Netherlands)

Prof. **Esme Moniz-Cook** (UK), Professor of Clinical Psychology, Consultant Clinical Psychologist

PharmDr. **Jiří Novotný** (Czech Republic), international marketing manager, Zentiva

Prof. **Martin Orrell**, FRCPsych PhD (UK), Professor of Ageing and Mental Health, University College London.

Dr. **Cecilia Rokusek**, Ed.D., R.D., (USA), Executive Director of Education, Planning and Research, Professor of Family Medicine & Public Health, College of Osteopathic Medicine, Nova Southeastern University, Ft. Lauderdale

Rasa Ruseckiene, MD, PhD (Lithuania), psychogeriatrician

Robert Rusina, MD, PhD (Czech Republic), neurologist, chief of Memory Clinic, Thomayer Hospital in Prague

Ass. Prof. Doc. Dr. **Brigita Skela Savić** (Slovenia), Visoka šola za zdravstveno nego Jesenice/ College of Nursing Jesenice

Deborah Sturdy (U.K.), registered nurse, consultant

Prof. Dr. **Daniel Swagerty**, MD, MPH (USA), Associate Chair for Geriatrics and Palliative Care, Department of Family Medicine; Associate Director, Landon Center on Aging, University of Kansas School of Medicine

Dr. **Sigurd Sparr** (Norway), geriatrician, chief of Geriatric Dpt Hospital Kirkenes

Ass. prof. **Olga Švestková**, MD, PhD, chief of Rehabilitation Dpt 1st Medical Faculty Prague

Prof. **Debbie Tolson** (UK), head of the Institute for Applied Health Research, Later Life Research Group, Glasgow Caledonian University, Glasgow

MUDr. **Hana Vaňková** (Czech Republic), research coordinator, Centre of Gerontology

Mgr. **Petr Veleta**, Ph.D. (Czech Republic), dance therapy consultant, Centre of Gerontology

Prof. **Myrra Vernooij-Dassen** (Netherlands), director of the Nijmegen Alzheimer Centre of the Radboud University Nijmegen, president of INTERDEM